

Rule Addition

This Spring we will allow a run play to each 3 down and 4 down series. A run is considered when the ball is exchanged (Hand-off) from the QB to a second offensive player.

- Handoffs include (1) QB to Running Back in the backfield; (2) a toss from QB to a motion Receiver and/or Running Back; (3) and/or a lateral pass (behind QB) will be considered a Hand Off. On handoffs 2 and 3, the receiver of the handoff will have the option to run and/or pass, but the 5 second rule will still be in effect.
- When ball is handed off directly, no blocking shall occur. Receivers in the area of the runner must stop and avoid blocking the defender attempting to tag the runner. A blocking penalty will occur.
- QB is eligible to receive a pass on a toss or lateral play.
- On the first series, if the ball is dropped during a handoff behind the line of scrimmage, then the play is dead. No fumbles and No safeties will be called. The ball will be placed at the previous spot on each down.
- On all fumbled handoffs the ball will be placed at the previous spot and will continue to the next down. If the ball is fumbled on the 3rd down or 4th down, then it is a turnover on downs.